

# EARTHQUAKE SAFETY CHECKLIST

SPEND 1 MINUTE TO FINISH PREPARING



## PROTECT YOUR FAMILY

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| Have you practiced <b>“Drop, Cover, and Hold On”</b> with your family?   | <input type="radio"/> | <input type="radio"/> |
| Do you have a <b>home emergency kit</b> with a <b>radio</b> , and a <b>3 day supply of food and water per person</b> ? | <input type="radio"/> | <input type="radio"/> |
| Does each family member have an <b>emergency wallet card</b> ?   | <input type="radio"/> | <input type="radio"/> |

## PROTECT YOURSELF

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Do you have a personal emergency kit with <b>shoes, a flashlight, and work gloves in your bedroom</b> ? | <input type="radio"/> | <input type="radio"/> |
| Are your <b>bookcases secured to the wall</b> ?   | <input type="radio"/> | <input type="radio"/> |
| Is your entertainment center <b>secured to the wall</b> ?   | <input type="radio"/> | <input type="radio"/> |

## PROTECT YOUR KIDS

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Do you know what your children's <b>school disaster plan</b> is?  | <input type="radio"/> | <input type="radio"/> |
| Do your kids have <b>personal emergency backpacks</b> with shoes, a flashlight, water, snacks, and a toy? | <input type="radio"/> | <input type="radio"/> |

## PROTECT YOUR PETS

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Do you have at least a <b>3 day supply</b> pet food?          | <input type="radio"/> | <input type="radio"/> |
| Do you have a <b>carrier or leash</b> ?                       | <input type="radio"/> | <input type="radio"/> |
| Do you have copies of your pet's <b>vaccination records</b> ? | <input type="radio"/> | <input type="radio"/> |

## PROTECT YOUR STUFF

- |  | Yes                   | No                    |
|--|-----------------------|-----------------------|
| Are your <b>framed photos</b> hung with <b>earthquake-safe hooks</b> ? | <input type="radio"/> | <input type="radio"/> |
| Are your <b>computer monitors</b> secured to the desk with straps?     | <input type="radio"/> | <input type="radio"/> |
| Is your <b>television</b> secured with <b>straps</b> ?                 | <input type="radio"/> | <input type="radio"/> |
| Are <b>items on shelves</b> attached with <b>putty</b> ?               | <input type="radio"/> | <input type="radio"/> |

## PROTECT YOUR HOME

- |   | Yes                   | No                    |
|---|-----------------------|-----------------------|
| Are <b>flammable or hazardous chemicals</b> stored on high shelves?   | <input type="radio"/> | <input type="radio"/> |
| Do you know where your <b>water shutoff</b> is and do you have a wrench to do it?   | <input type="radio"/> | <input type="radio"/> |
| Do you know where your <b>gas shutoff</b> is and do you have a <b>wrench</b> to do it?  | <input type="radio"/> | <input type="radio"/> |
| Is your <b>water heater</b> secured to <b>wall studs</b> ?  | <input type="radio"/> | <input type="radio"/> |
| Does your <b>water heater</b> have a <b>flexible connector</b> ?  | <input type="radio"/> | <input type="radio"/> |
| Is your house <b>bolted to the foundation</b> ?   | <input type="radio"/> | <input type="radio"/> |
| Have you <b>reinforced crawl spaces</b> to prevent collapse?  | <input type="radio"/> | <input type="radio"/> |
| Home and renters insurance does not cover earthquakes. Do you know how much earthquake insurance costs? Get an estimate at <b>EarthquakeAuthority.com</b> . | <input type="radio"/> | <input type="radio"/> |



**TOTALLY UNPREPARED**

A quick index of how to fix all the stuff that you're totally unprepared for.



## Protect Your Family

There are several simple things you can do to protect your family.

Practice “**Drop, Cover, and Hold On**”. This simple exercise will help you and your family seek safety till the shaking stops. Here are a few online resources to help you understand what drop cover and hold on is all about.

- <http://www.earthquakecountry.info/roots/step5.html>
- <http://www.dropcoverholdon.org/>
- <http://www.shakeout.org/>
- <http://www.totallyunprepared.com/2011/03/caribbean-earthquake-training-you-can-dance-to/>
- <http://quakequizzesf.org/>

**Home Emergency Kit** with radio, 3-day supply of food and water per person, flashlight, work gloves, first aid, and a supply of cash in small bills. Ideally you should put the kit together yourself, instead of simply buying a pre-made kit. Only you know what you will really want in an earthquake. These lists provide great advice about what you may want in your kit.

- <http://www.ready.gov/america/getakit/index.html>
- <http://www.earthquakecountry.info/roots/step3.html>
- [http://www.redcrossroommates.org/en/?episode=build\\_a\\_kit](http://www.redcrossroommates.org/en/?episode=build_a_kit)

**Emergency Wallet Card** for each family member. Use the online form provided or create your own using the information provided below

- <http://www.ready.gov/america/downloads/FamEmePlan.pdf>
- <http://www.earthquakecountry.info/roots/step2.html>

## Protect Your Kids

Do you know what your children’s **disaster plan** is? In addition to having a plan for you and your children, find out what the disaster plan is at your children’s school.

- <http://www.earthquakecountry.info/roots/step2.html>
- [http://cms.calema.ca.gov/prep\\_kids.aspx](http://cms.calema.ca.gov/prep_kids.aspx)

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Do your kids have **personal emergency backpacks** with shoes, flashlight, water, snacks, a recent photograph of you and your child together, and a toy? A photograph of the two of you will help you both if you become separated, so be sure to include one, as well as a photo of your whole family.

- You can make your family disaster plan fun by involving your children in the plan and making the drop cover and hold drills into a game.

## Protect Your Stuff

For framed photos, posters, and other wall hangings, you can either anchor with **earthquake-safe hooks**, or use the hooks you have along with some **well placed museum putty** to keep them in place.

- <http://www.daretoprepare.org/stuff/wallhangings.html>

**Securing your computer monitors** to the desk with straps is quick and easy. You can use earthquake straps or a computer lock to affix your system to the desk.

- <http://www.daretoprepare.org/stuff/electronics.html>

**Secure your television** with straps or mount it on the wall. Either way will work.

- <http://www.daretoprepare.org/stuff/electronics.html>

**Securing items on shelves** by attaching them with putty is quick and easy. The putty is adherent, but easy to remove and does not damage delicate items.

- <http://www.daretoprepare.org/stuff/displaycases.html>
- <http://www.daretoprepare.org/stuff/openshelves.html>

**Secure kitchen cabinets** and what they contain by attaching earthquake or kid-safe safety latches on all your kitchen cabinets.

- <http://www.daretoprepare.org/stuff/cabinets.html>

## Protect Yourself

Keep a **personal emergency kit** with shoes, a flashlight, and work gloves in your bedroom. Put it in a soft bag, and bungee it to your bed.

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**Secure bookcases and heavy furniture** to the wall with anchors or earthquake furniture straps.

- <http://www.daretoprepare.org/stuff/bookcases.html>

**Secure your entertainment center** to the wall with anchors or earthquake furniture straps.

- <http://www.daretoprepare.org/stuff/shelfunits.html>

## Protect Your Pets

Keep at least a **3-day supply of pet food** for your pet. You know your pet and what it likes best so keep it on hand.

- Betty White and the SPCA tell you how to prepare your pet:  
<http://youtu.be/mSEqAn79NjY>

Do you have a **carrier or leash**? Think about how you may need to secure your pet.

- <http://www.prepare.org/home/preparedness-resources/threatshazards/pet-safety.html>
- Pet Preparedness Video: [http://youtu.be/\\_uAxzFxA\\_ko](http://youtu.be/_uAxzFxA_ko)

Do you have copies of your **pet's vaccination records**? If not, contact your vet for a printed copy of them and keep them with your pet earthquake kit.

## Protect Your Home: A Special Section for Homeowners

Are **flammable or hazardous materials** stored on high shelves? Time to move them!

Do you know **where your water shutoff is** and do you have a wrench that can do the job?

Do you know **where the gas shutoff is** and do you have a wrench that can do the job?

- <http://www.pge.com/myhome/edusafety/gaselectricsafety/turngasoff/index.shtml>
- Youtube video showing how to shut off utilities <http://youtu.be/VFaATsqvE5g>

Is your **water heater secured** to wall studs? It has been on the books as law in CA for 20 years.

- <http://www.daretoprepare.org/stuff/waterheater.html>
- Calif health and safety code re water heaters:  
<http://www.seismic.ca.gov/pub/Health%20and%20Safety%2019211.pdf>

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Does your water heater have a **flexible connector**? You may need a plumber to help with this if you are not the fix-it type, but here are directions if you want to do it yourself.

- <http://www.lasco.net/w1.htm>

Have you **secured your home**? Is your house **bolted to the foundation**? Is your **home reinforced** to prevent collapse? It should be. A bolted foundation today is much cheaper than repositioning your house after an earthquake, and your house will not fall over if the ground story is reinforced.

- <http://www.daretoprepare.org/building/notbolted.html>
- <http://www.eeri.org/mitigation/tag/retrofitting>
- <http://www.daretoprepare.org/building/cripplewalls.html>

Home and renters **insurance does not cover earthquake damage** - a separate policy is required. The California Earthquake Authority (CEA) works with a network of leading insurance companies to provide both claim-paying power and expert service. A CEA policy can help get you back to normal faster after a damaging earthquake. Learn the five reasons to buy earthquake insurance and get a CEA premium estimate at:

- [www.EarthquakeAuthority.com](http://www.EarthquakeAuthority.com)